import java.util.regex.Matcher;

import java.util.regex.Pattern;

public class Regex

{

private static final String REGEX = "\\bcat\\b";

private static final String INPUT =

"cat cat cat cattie cat";

public static void main( String args[] ){

Pattern p = Pattern.compile(REGEX);

Matcher m = p.matcher(INPUT); // get a matcher object

int count = 0;

while(m.find()) {

count++;

System.out.println("Match number "+count);

System.out.println("start(): "+m.start());

System.out.println("end(): "+m.end());

}

}

}